

In recognition of National Recovery Month, Prestera Center will host the annual Race for Recovery 5K Run/Walk on Saturday, September 17, 2011, at Pullman Square in Huntington, WV.

Prestera provides substance abuse and mental health treatment to 18,000 individuals and families each year. Your participation will assist Prestera's commitment of providing the highest quality of care to West Virginians.

**The Course:** A flat 5k loop circling parts of downtown Huntington. Starting behind Pullman Square on Veteran's Memorial Blvd, runners / walkers will turn left on 1st Street to 5th Avenue, left on 5th Avenue to Hal Greer Blvd, left on Hal Greer Blvd to 3rd Avenue, left on 3rd Avenue to a slight downhill finish on Veteran's Memorial Blvd.

Registration on Veteran's Memorial Blvd @ 9<sup>th</sup> Street. Awards ceremony will be held at the end of the race on Pullman Square stage.

**Pre-Registration by September 2, 2011:**

\$15 - Guaranteed T-shirt

**Race Day Registration:**

\$20 T-shirts while supplies last  
12 and under are free.

**Age Divisions:**

13-18	31-40	51-60
19-30	41-50	60+

**Time:**

Registration: 7:30 - 8:30am  
5K Run: 9:00am  
Walk: 9:05am

Please complete registration form and mail to:

Prestera's Race for Recovery 5K  
P.O. Box 2672  
Huntington, WV 25726

*Make checks payable to: Prestera Foundation*

**For Additional Information:**

Linda Williams, 304-395-0050  
Linda.williams@prestera.org

Join the Voices for  
**RECOVERY**

National  
*Recovery Month*

Prevention Works · Treatment is Effective · People Recover  
SEPTEMBER 2011



**Prestera Center**  
**RACE FOR RECOVERY**



Name \_\_\_\_\_

\_\_\_\_\_ M / F S M L XL XXL  
Age Gender Shirt Size

Walking  Running

Address \_\_\_\_\_

City State Zip

Phone Number \_\_\_\_\_

E-Mail \_\_\_\_\_

Wavier, I know running a road race is potentially hazardous activity. I should not enter the race unless I am medically able and properly trained. I agree to abide by any race official or any employee of Prestera Center of my ability to safely complete this run/walk. I assume all risk associated with running and walking in event, including not limited to falls, weather, contact with other participants, traffic and condition of the road, all such risks being known and in consideration of the acceptance of my entry, I for myself and anyone entitled to act on my better behalf, wave and release Prestera Center and Prestera Foundation associates and representatives from all claims or liabilities of any kind arising from my participation in this event.

Signature (parent if under 18) \_\_\_\_\_

Date \_\_\_\_\_

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